

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Marilise Vermaak

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2018 #5

held at Cowhouse Market.

**TIME** 01:15:49

**PACE** 05:03/km

**OVERALL** 3 of 15

12 August 2018, Sun

Date

**GENDER** 1 of 7

**40 - 49** 1 of 3



BoutTime

Signature